Measure of Religiosity

*Ritual religiosity*

How often have you attended religious services during the past year? \_\_\_ times.

Which of the following best describes your practice of prayer or religious meditation?

1. Prayer is a regular part of my daily life
2. I usually pray in times of stress or need but rarely at any other times
3. I pray only during formal ceremonies
4. Prayer has little importance in my life
5. I never pray

*Consequential religiosity*

When you have a serious problem how often do you take religious advice or teaching into consideration?

1. Almost always
2. Usually
3. Sometimes
4. Rarely
5. Never

How much of an influence would you say that religion has on the way that you choose to act and the way that you choose to spend your time each day?

1. No influence
2. A small influence
3. Some influence
4. A fair amount of influence
5. A large influence

*Ideological religiosity*

Which of the following statements comes closest to your belief about God?

1. I am sure that God really exists and that He is active in my life
2. Although I sometimes question His existence, I do believe in God and believe He knows of me as a person
3. I don’t know if there is a personal God, but I do believe in a higher power of some kind
4. I don’t know if there is a personal God or a higher power of some kind, and I don’t know if I will ever know
5. I don’t believe in a personal God or in a higher power

Which of the following statements comes closest to your belief about life after death (immortality)?

1. I believe in a personal life after death, a soul existing as a specific individual
2. I believe in a soul existing after death as a part of a universal spirit
3. I believe in a life after death of some kind, but I really don’t know what it would be like
4. I don’t know whether there is any kind of life after death, and I don’t know if I will ever know
5. I don’t believe in any kind of life after death

*Experiential religiosity*

During the past year, how often have you experience a feeling of religious reverence or devotion?

1. Almost daily
2. Frequently
3. Sometimes
4. Rarely
5. Never

Do you agree with the following statement? “Religion gives me a great amount of comfort and security in life”

1. Strongly disagree
2. Disagree
3. Uncertain
4. Agree
5. Strongly agree